



Comprehensive Care. Tailored Solutions. Real Results.

Thermal Imaging Appointment Preparation

In order to obtain the most accurate thermal images, please follow these instructions very carefully. **It is strongly suggested that you print out these instructions and have them with you when you are preparing your animal for the appointment.**

All preparations must be completed 2 hours prior to your appointment time.

- Groom your horse or other animal thoroughly. Make sure all mud, dirt, sand, poop, etc. is removed.
- Make sure your horse, dog, donkey or other animal is completely dry. Do NOT bathe your animal the day of the appointment.
- If you are doing a thermal saddle fitting, do NOT oil your saddle within 48 hours of the appointment.
- Pick your horse's feet. Make sure all mud, dirt etc. is also brushed off the outside of the hoof.
- Put your horse's tail in a tail bag, pony tail, band or braid.
- Put your horse's mane in a few "clumps" with a pony tail or band or braid it. Get the mane off the neck as much as possible.
- Unblanket your horse or other animal.
- Be sure there are no sprays, gels, Sore No More or other liniments on your animal's body.
- Make sure your horse or other animal is 100% dry prior to putting them in the stall (or restricted area if another animal.) Do NOT give your horse, dog or other animal a bath on the day of the appointment. (Yes, I have said this twice!)
- Please remove all poop from the stall prior to putting your horse in the stall. (If the horse poops while in the stall, don't worry. If you are around and can remove it without touching your horse, great. If not, that is ok.
- Place your horse in his or her stall. If the stall has a door to a paddock, please close it (top and bottom) so that your horse can not walk outside or put his or

her head and neck outside. Please be sure your horse is not exposed to sunlight shining into the stall.

- Remove all collars, halters, fly masks etc. from your horse, dog or other animal.
- Please leave your horse in his or her stall untouched for a minimum of 2 hours. Do not pet or touch your horse, dog or other animal.
- If your animal is not a horse and there has no stall, please place your animal in a restricted area (inside) so they cannot run around or be exposed to sunlight. This may mean closing the window coverings in a room. (For dog owners, this means no snoozing in a patch of sunlight many dogs love so much!)
- Please leave your animal untouched for a minimum of two hours. Please do not pet or touch them.
- Please do not administer bute or any other anti-inflammatory for 48 hours prior to the appointment unless directed to by your vet or if you believe it is not appropriate to stop giving the medication.
- Please be sure to let us know if your animal is on any anti-inflammatories or other medications at the time you make your thermal imaging appointment.

If you have any questions about these instructions, please feel free to contact us at (503) 867-1023 or ilene@HolisticHorseBodyworks.com.