



HOLISTIC HORSE  
bodyworks

Looking for that special and unique gift??  
Own a horse? Know anyone who owns a horse?

## Give the gift of equine massage, saddle fitting or saddle reflocking!!

Horses and humans have a lot in common when it comes to massage. Just like humans, all horses may experience sore or stiff muscles leading to decreased performance and discomfort no matter what their "career" or discipline. Improper saddle fit can significantly contribute to muscle soreness as well as back, shoulder and leg pain.

Massage Rates: 1 hour and 15 minute massage is \$110 per session  
1 hour and 45 minute session is \$155 per session

Saddle Reflocking: \$325 for full reflocking

Saddle Fitting: \$110 for standard one hour session.  
\$90 for standard one hour session if purchased with  
massage

Note: Additional changes apply for complex saddle fitting situations.

To purchase a gift certificate, get more information, or  
schedule an appointment, contact:

Ilene Nessenson, J.D., Certified Equine Body Worker  
503/867-1023 or [ilene@holistichorsebodyworks.com](mailto:ilene@holistichorsebodyworks.com)

Check out [www.holistichorsebodyworks.com](http://www.holistichorsebodyworks.com) for more  
information about equine massage therapy

